



Naugatuck Youth Soccer Academy, Spring 2006

Q. How can YOUR child develop superior Skills and Tactics in just TEN weeks?

A. By bringing them to the Naugatuck Youth Soccer Academy...

The Naugatuck Academy is a place for our young players to go to get high level professional training. With a sound basis in the **“Four Pillars of the Game”** (Technical, Tactical, Physical, Psychological), we hope that our young beginners will develop into the Stars of Tomorrow. Our Academy Coaches will be:

- *Professional Level Coaches,*
- *Experienced and Qualified,*
- *Dedicated to the development of our young talent.*

We will provide the foundations for top class training once a week that will develop players **BEYOND** their normal coaching sessions. Remember, the **“Window of Opportunity”** for players is short, and it is vital that they get the **BEST** training during these most opportune years!!!

The Academy will work on:

- **Technical Training—Dribbling, Passing, Receiving, Shooting and Tackling**
- **Tactical Training—Defense and Attack, Keeping Possession as a Team, 2v1 Situations, Creating Space as a Team**
- **Physical Training—Agility, Balance, Speed and Acceleration**
- **Mentality—Respect for Self, Team-mates, Adults and Opposition**

WHO? - U-8 Boys and Girls who will be moving up to U9 soon...

WHERE? - Linden Park...

WHEN? - Friday Evenings, 5.30-6.30pm...

SEE YOU THERE!!!

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P.O. Box 772
Naugatuck, Connecticut 06770